

WEEKLY MENU SAMPLE

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
MONDAY	CEREAL WITH MILK & FRUIT	SCRAMBLED EGGS W/TOAST FRUIT JUICE	CHICKEN CASSEROLE IN ROTINI PASTA & BROCCOLI MILK	CROISSANT W/HONEY FRUIT AFTERNOON TEA
TUESDAY	CEREAL WITH MILK & FRUIT	DICED PEACHES W/GRAHAM CRACKERS FRUIT JUICE	BAKED FISH STICKS W/RICE & MIXED VEGGIES MILK	WHOLE WHEAT PITA BREAD W/CREAM CHEESE FRUIT AFTERNOON TEA
WEDNESDAY	CEREAL WITH MILK & FRUIT	COTTAGE CHEESE & RITZ CRACKERS FRUIT JUICE	MINI TURKEY SWEDISH MEAT BALLS W/BAKED POTATO & ZUCCHINI MILK	PRETZELS & CHEESE FRUIT AFTERNOON TEA
THURSDAY	CEREAL WITH MILK & FRUIT	WAFFLES W/MAPLE SYRUP FRUIT JUICE	ITALIAN WEDDING SOUP W/TUNA FISH SANDWICH MILK	BREADED MOZZARELLA STICKS FRUIT AFTERNOON TEA
FRIDAY	CEREAL WITH MILK & FRUIT	STRAWBERRY YOGURT W/ANIMAL CRACKERS FRUIT JUICE	CHEESY PIZZA W/CARROT & CELERY STICKS & RANCH DIP MILK	OAT MEAL COOKIES FRUIT AFTERNOON TEA

*FRUITS SERVED - ORANGES, APPLES & BANANAS